

BTEC Level 1 / Level 2 Tech Award in Health and Social Care

About 3 million people work in health and social care. Health care roles include doctors, pharmacists, nurses, midwives and healthcare assistants, while social care roles include care assistants, occupational therapists, counsellors and administrators. Together, they account for nearly one in ten of all paid jobs in the UK. Demand for both health and social care is likely to rise, so they will continue to play a key role in UK society and the demand for people to carry out these vital roles will increase

The Award gives you the opportunity to develop sector-specific knowledge and skills in a practical learning environment.

The main focus is on three areas, which cover:

- Skills and processes, such as interpreting data to assess an individual's health, and designing a plan to improve their health and wellbeing
- Attitudes, namely the care values that are vitally important in the sector, and the opportunity to practice applying them
- Knowledge that underpins the effective use of skills, processes and attitudes, including human growth and development, health and social care services, and factors affecting people's health and wellbeing.

The course is delivered a 3 components

Component 1: Human Lifespan Development – Internally Assessed

In this component, you will study how people grow and develop over the course of their life, from infancy to old age, this includes physical, intellectual, emotional and social development, and the different factors that may affect them. An individual's development can be affected by major life events, such as marriage, parenthood or moving house, and you will learn about how people adapt to these changes, as well as the types and sources of support that can help them

This component consists of 2 Learning Aims

A understand human growth and development across life stages and the factors that affect it. Main life stages, PIES growth and development in the main life stages, Factors affecting growth and development – Physical, Social and Cultural, and Economic.

B Investigate how individuals deal with life events. Expected or unexpected events that occur in an individual's life. Coping with change caused by life events

Component 2: Health and Social Care Services and Values – Internally Assessed

This component will give you an understanding of health and social care services and will help you develop skills in applying care values that are common across the sector

This component consists of 2 Learning Aims

A Understand the different types of health and social care services and barriers to accessing them. Different health care and social care services, Barriers to accessing services.

B Demonstrate care values and review own practice. Care values

Component 3: Health and Well Being – Synoptic controlled assessment

In this component, you look at the factors that can have a positive or negative influence on a person's health and wellbeing. You will learn to interpret physiological and lifestyle indicators, and what they mean for someone's state of health. You will learn how to use this information to design an appropriate plan for improving someone's health and wellbeing, including short- and long-term targets. Additionally, you will explore the difficulties an individual may face when trying to make these changes.

This component consists of 3 Learning Aims

A Factors that affect health and wellbeing: Physical, emotional, social, economic and environmental factors. Life Events

B Interpreting Health Indicators: Physiological factors, lifestyle indicators

C Person-centered health and wellbeing improvement plans: Person centered approach and plans, obstacles.