



KINGSBRIDGE COMMUNITY COLLEGE

PERSONAL SOCIAL HEALTH EDUCATION (PSHE)

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(This policy supersedes all previous PSHE policies)

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1. Principles

1.1 PSHE is implicit in all we do as a College and is also given some explicit curriculum time.

PSHE helps students:

- a) To learn about themselves as growing, changing individuals and as members of their community.
- b) To take more responsibility for themselves and so plan and manage their choices.
- c) To continue to develop a healthy lifestyle.
- d) To become more aware of the views, needs and rights of people of all ages and in all places.
- e) To make the most of opportunities to take part as active citizens in the life of the College and its communities.

2. Procedures

2.1 Taught PSHE time includes input from Health Education, citizenship and careers guidance. In Year 7, PSHE is incorporated into the KCC learner curriculum led by the Tutor. KCC learner is also carried over into year 8 where they have one lesson each week which provides the main PSHE input; this is led by the tutor. This programme includes 7 lessons of explicit PSHE education on topics of relationships, sex smoking and alcohol. Year 9 have one PSHE lesson each week led by a specialist teacher in the areas of Mental Health, Drugs and Alcohol, Sex Education, Citizenship and Careers. In Year 10, students receive a full week of PSHE at the end of the year covering issues surrounding Healthy Relationships, Economics, Personal Welfare, Drugs Education and Mental Wellbeing. PSHE themes are also delivered through ongoing provision delivered in Religious Education four times a fortnight throughout Key Stage 4. In addition, all tutor groups deliver a variety of PSHE focused tutor time activities throughout the year focused on politics, resilience, decision making and relationships. All KS4 & 5 students also participate in the annual careers fair having the opportunity to engage with local and national employers and education providers.

2.2 Details of the PSHE taught curriculum are sent to parents annually as part of the year books; parents are informed here of their right to remove a child from the PSHE taught curriculum.

2.3 The PSHE curriculum accords with the College policies on sex and relationships, drugs and food and nutrition.

2.4 The PSHE curriculum accords with the QCA Guidelines for PSHE and is reviewed annually. Schemes of work ensure progression throughout Years 7-13.

2.6 PSHE is delivered by a specialist team of four staff led by the PSHE Subject Leader.

2.8 The PSHE provision is reviewed by the College's Self Evaluation procedures of team review, barometer group feedback and lesson observations. This is led by the PSHE link Leadership Team member.

2.9 The PSHE curriculum includes a planned progressive programme of drugs and sexual health education which compliments the College's policies on drugs, sex and relationships.

3. Review of Policy

3.1 This policy is reviewed every three years by the Governing Body.