

Academic PE

There are currently two different types of academic courses that run in KS4 Physical Education: GCSE and the OCR Cambridge National Sports Science course.

GCSE PE: AQA –Current Year 9, 10 & 11

The new specification is weighted 60% theory and 40% NEA. The theory component is linear and comprises two exams, each worth 30%. The NEA comprises both practical performance and written coursework, each worth 15%.

Paper 1: The human body and movement in physical activity and sport

What's assessed?

1. Applied anatomy and physiology
2. Movement analysis
3. Physical training
4. Use of data

How it's assessed:

Written exam: 1 hour 15 minutes, 78 marks, worth 30% of GCSE

Paper 2: Socio-cultural influences and well-being in physical activity and sport activity an

What's assessed?

1. Sports psychology
2. Socio-cultural influences
3. Health, fitness and well-being
4. Use of data

How it's assessed:

Written exam: 1 hour 15 minutes, 78 marks, worth 30% of GCSE

Non-exam assessment: Practical performance in physical activity and sport

What's assessed?

1. Practical performance in three different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity). There is a limited range of sports that can be assessed. Each sport is assessed as skills in isolation (out of 10 marks) and skills in full context (out of 15 marks).
2. Analysis and evaluation of performance to bring about improvement in one activity. This is a written piece of coursework.

How it's assessed:

Assessed by teachers, moderated by AQA, 100 marks, 40% of GCSE