

A level Sport and PE: AQA –Current Year 12 & 13

This course requires the whole package; a high quality sports performer who has an interest in a wide-range of subject areas linked to sport, included biology, history, psychology, biomechanics to name but a few. It prepares students for any science-based or sports-related course. It is 70% theory and 30% NEA. The theory is split across two exam papers:

Paper 1: Factors affecting participation in physical activity and sport

What's assessed?

- Section A:** Applied anatomy and physiology
- Section B:** Skill acquisition
- Section C:** Sport and society

How it's assessed: Written exam: 2 hours, Out of 105 marks, worth 35% of A-level

Paper 2: Factors affecting optimal performance in physical activity and sport

What's assessed?

- Section A:** Exercise physiology and biomechanics
- Section B:** Sport psychology
- Section C:** Sport and society and technology in sport

How it's assessed: Written exam: 2 hours, Out of 105 marks, worth 35% of A-level

Non-exam assessment: Practical performance in physical activity and sport

What's assessed?

Students are assessed as a performer or coach in the full sided version of one activity from a list of sport/ activity areas.

A written/verbal piece of coursework is also produced as an analysis and evaluation of performance.

How it's assessed: Internal assessment, external moderation, Out of 90 marks, worth 30% of A-level acquisition and sports psychology, sport and society, and technology. This course requires the whole package; a high quality sports performer who has an interest in a wide-range of subject areas linked to sport. Likewise, it prepares students for any science-based or sports-related course.